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A lot of hot air?

Parents likely to face charges over balloon 'hoax': Sheriff

The story that a little boy had floated away in a giant helium balloon was a hoax concocted to land a reality television show, authorities said yesterday, and the boy's parents will likely face felony charges.

The stunt two weeks in the planning was a marketing ploy by Richard and Mayumi Heene, who met in acting school in Hollywood and have appeared on the ABC reality show Wife Swap, Larimer County Sheriff Jim Alderden said in Colorado. The Heenes have reportedly

been working on a reality TV deal in Los Angeles.

Investigators are examining the possibility of other conspirators, "including the possibility that ... some of the media outlets may have had some knowledge about this," Alderden said.

Documents show that a media outlet has agreed to pay money to the Heenes with regards to the balloon incident, Alderden said. He didn't name the media outlet, but said it was a show that blurs "the line between entertainment and news." It wasn't

False report?

- Sheriff Jim Alderden said he expected to recommend charges of conspiracy, contributing to the delinquency of a minor, making a false report to authorities and attempting to influence a public servant. Federal charges were also possible.

clear whether the deal was signed before or after the alleged hoax, or whether that media outlet was a possible conspirator.

Six-year-old Falcon Heene may not have even

been hiding in the family's garage during the five-hour search for him Thursday, Alderden said.

"For all we know he may have been two blocks down the road playing on the swing in the city park," the sheriff said.

The incident temporarily shut down Denver International Airport and caused the National Guard to scramble two helicopters in an attempt to rescue the boy, who was believed inside the balloon that hurtled more than 80 kilometres across two counties. **THE ASSOCIATED PRESS**

Home destroyed **Car sets off blaze**



Fire crews work to put out a blaze at 495 Penhill Ave. that started when a car smashed into the corner of the house at around 4 a.m. yesterday. Story, page 2.

Local author shortlisted for Gov. Gen. award

A tremendous amount of research goes into Caroline Pignat's books.

To ensure the authenticity of her second book, Greener Grass, the author toured Ireland, visiting museums and archives devoted to the mid-19th century famine in that country.

The result was the sto-

ry of 14-year-old Kit Byrne, and her labouring family and their struggles to survive the crop failure.

Last week, Greener Grass was shortlisted for a Governor General Literary Award in the children's category.

The Dublin-born Pignat, who was raised in

Ottawa and now calls Kanata home, said she enjoys exploring characters on the brink of adulthood, because it is such a tumultuous age.

"There's so much potential, but they're still so insecure in themselves," she said.

The sequel to Greener Grass, called Wild Geese,

is expected out next fall. The book will follow members of the Byrne family as they immigrate to Canada during the typhoid epidemic of 1847.

Winners of the award receive \$25,000 and a bound copy of their book. They will be announced on Nov. 17.

TIM WIECLAWSKI/METRO OTTAWA

Animation fest wraps up 33rd year

AWARDS Mary and Max, directed by Australia's Adam Elliot, took home the grand prize for best animated feature at the Ottawa International Animation Festival last night.

Kaasündinud Kohustused (Inherent Obligations) by Rao Heidmets of Estonia took home the grand prize for best independent short animation.

The 33rd annual festival featured 93 short films and seven features in competition and 58 in the international showcase, attracting a record 27,000 people, said festival spokeswoman Lindsay Wellwood. The festival had three local entries, including Nick Cross and Dave Cooper, who did a video for Danko Jones called King of Magazines, and Canterbury High School student Benjamin Woodyard.

TRACEY TONG/METRO OTTAWA

News on the Move

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Canada pg 3

Firm with Tory ties gets work

Celebrity Buzz pg 18

Renée, Bradley get cozy in B.C.



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Local


News in brief

CRIME Ottawa police are seeking a man following a public mischief incident at a Pizza Pizza restaurant. On Sept. 9, police and firefighters responded to a suspicious package call at 673 Bronson Ave., where police said a suspect disposed of a large amount of an unknown white powder in the washroom following an argument with an employee. Hazardous materials technicians later determined it had no health risk.

TRACEY TONG/METRO OTTAWA

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Video Earnings, U.S. dollar and oil to be in investor crosshairs this week, at metronews.ca/business



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Police confirm sighting of missing teen

Ottawa police have confirmed a sighting of a 14-year-old boy who has been missing since Oct. 8. Police said over the weekend that on Oct. 14, Justin Rutter, left, was seen in the Vanier area, where he spoke to friends and stressed that he did not want to return home. He was wearing a white hooded sweatshirt/coat at the time. He is described as a white male, five feet, four inches tall and 110 pounds, with a slim build, short, light-brown hair and brown eyes. Police stress that he is not in trouble with them. Anyone with information on his whereabouts should call 613-236-1222 ext. 5355. METRO OTTAWA



Volunteer Daniela Acosta, 22, left, shows off a rosy boa to Kamala Kumar, 9, and Priya Kumar, 15, at Science Funfest yesterday. Acosta was helping promote awareness of endangered animals and to clear up misconceptions about misunderstood animals.

Getting youth hooked on science

EDUCATION The sciences of mining and minerals may not be topics most kids are interested in, unless it's presented in a way designed to hook them.

"We have slime that teaches the principles of chemical bonding, and chocolate chip cookie mining that presents mining in a way that is appetizing," said Janice Zinck, one of the organizers of yesterday's Science Funfest.

Science presented in a way kids understand — maybe that's why more than 3,000 people checked out the more than 70 exhibits at the Booth Street

Complex of Natural Resources Canada yesterday.

The event, which marks National Science and Technology Week (Oct. 16-25), is organized by Natural Resources Canada to allow researchers to "interact with the public and to give back," said Zinck.

"The purpose of the week is to celebrate how science is important to everyday lives, from the perspective of attracting youth to science careers, and in the context of competitiveness for Canada as a country," said Natural Resources Canada chief scientist Geoff Munro.

"Science is really important to maintain our competitiveness internationally and to maintain our quality of life as Canadians."

It's also important to get kids interested, he said.

"The number of kids that go into science is either static or reducing, and that's because there are so many possibilities in schools these days."

The event exposes kids to different kinds of science, involving space, earth, rocks and animals, to name a few, said 15-year-old Priya Kumar, who is considering a career in the field.

TRACEY TONG/METRO OTTAWA

Fire lays waste to house struck by car

COLLISION A home in a quiet residential area north of the Ottawa Hospital General Campus was destroyed by a fire that started after a car crashed into it early yesterday morning.

Emergency crews were called to 495 Penhill Ave. at 4 a.m. to find one side of the house in flames and a black Acura partially through the front corner of the house.

All four residents of the house, Byron and Kathleen Johnson, their teenage sons

Kevin and Edward, as well as another boy who was sleeping over, made it out of the house unharmed.

Damage to the house is estimated at around \$400,000, with another \$200,000 for the contents. Flames burned a car parked in the driveway of the house.

The 21-year-old driver of the vehicle was taken to hospital with non-life-threatening injuries.

Neighbour Mick Steers

woke up when the emergency crews arrived. He said the driver of the vehicle was conscious and moving after the collision.

"He was worried because his girlfriend was going to be upset and his father was going to be upset because he just totalled the car," said Steers.

Richard Chamberland of Ottawa has been charged with impaired driving and dangerous driving.

TIM WIECLAWSKI/METRO OTTAWA

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Selinger to replace Doer as Manitoba premier

Greg Selinger has been picked as Manitoba's next premier. Selinger was chosen Saturday by about 2,000 delegates at the provincial NDP leadership convention to replace Gary Doer, who stepped down to become Canada's new ambassador to the United States. **THE CANADIAN PRESS**

Canada

Auditor to report on Infoway

HEALTH The eHealth scandal in Ontario that recently rocked the provincial government may have been a dress rehearsal for its larger counterpart at the federal level.

The troubled Canada Health Infoway Inc., which like its provincial cousin is trying to convert medical records into electronic form, gets a long-awaited report card next month from the auditor general of Canada.

And so far, the prognosis is poor for the secretive agency, which has already swallowed \$1.6 billion of federal money and was promised \$500 million more this year by Health Canada. **THE CANADIAN PRESS**

News in brief

MONEY The federal government spent more than half a million dollars defending the RCMP and the actions of the four officers who stunned Robert Dziekanski with a Taser at Vancouver's airport, according to documents obtained under access to information laws.

Pride Toronto will host the World Pride event in 2014 after winning a vote among gay delegates at the international InterPride Conference in Florida. **THE CANADIAN PRESS**

Victoria Ship has come in



People check out the vessel Ocean Lady in Victoria, yesterday. The vessel was towed to Victoria Saturday under escort after HMCS Regina was tipped last week that the ship had entered Canadian waters and was acting oddly. Seventy-six men, looking to make Canada their new home, are all believed to be in good health after their ship was seized near Victoria.

'Town hall' brings hefty invoice

Critique

- Critics say the event is just the latest example of what they're calling a Tory penchant for leveraging public money for partisan gain.

taxpayers of \$108,000 for the carefully scripted

"town hall" meeting in Cambridge, Ont.

The June 11 event turned what the opposition Liberals had hoped would be an uncomfortable exercise in government transparency into a slick campaign-style rally for Conservative party faithful.

THE CANADIAN PRESS

Firm gets work while paying Tory

Conservative senator on payroll of contract-winning company

A Montreal firm landed a federal stimulus contract while a top Tory organizer and senator was on the payroll, **The Canadian Press** has learned.

Senator Leo Housakos's employer, BPR Inc., was part of a consortium that won a \$1.4-million engineering contract to study the future of Montreal's aging Champlain Bridge.

Public Works Minister Christian Paradis announced \$212 million in funding for the bridge — and a competition for the engineering contract — on May 20, the same day Housakos was stage-managing a major Conservative fundraiser in Montreal.

The Canadian Press obtained a copy of the guest list for a reception held before the fundraiser. The list included four senior executives from BPR and the winning consortium, BCDE.

BPR president Pierre Lavallee is registered as having donated \$250 to the

Conservative party eight days after the event.

Also on the list were two officials from the federal authority that runs the bridge, Paul Kefalas and Serge Martel. Kefalas had formerly worked at Swiss multinational ABB, and had given work to a consulting company Housakos co-founded.

Four months after the reception, Jacques Cartier and Champlain Bridge Inc. (JC-BI) awarded the contract.

Housakos said he was never an employee of BPR proper, but of its wholly-owned subsidiary TerrEau, and never made representations to government officials about BPR business.

THE CANADIAN PRESS

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World



Woman arrested in kidnapping scam

Egyptian police say they have arrested a woman who had claimed she was kidnapped together with her cousin in hopes of bilking relatives out of \$55,000 US in ransom. Police in the southern city of Luxor told reporters yesterday that the 20-year-old woman had come up with the kidnapping scheme with her father to extract the money from the wealthy parents of her four-year-old cousin. They wanted the money to help out her father and pay for her wedding plans.

THE ASSOCIATED PRESS

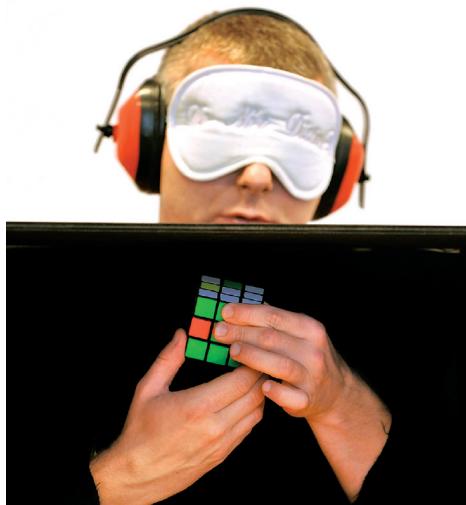
News in brief

ELECTION Afghanistan's electoral crisis was prolonged yesterday as the results of an inquiry into vote-rigging allegations were yet again withheld from the public. High-level meetings continued to be held in Kabul between international representatives and the two men vying for the country's presidency. Officials have hinted that the audit of the Aug. 20 presidential election results could drop President Hamid Karzai's share of the vote below the 50-per cent mark needed to avoid a run-off. Much of the discussion is said to be aimed at convincing Karzai to accept the findings of the Electoral Complaints Commission, a five-member body headed by Ottawa native Grant Kippen.

HEALTH CARE U.S. President Barack Obama will not demand that a final health-care reform bill include a government-run insurance plan, though that's his preference, advisers said yesterday.

THE CANADIAN PRESS

Hungary Puzzling behaviour



A participant in the annual Rubik Cube Hungarian Open Championships solves nine cubes blindfolded after memorizing all of them in Budapest, Hungary, yesterday.

BELA SZABO/ASSOCIATED PRESS

Violence flares in Iran

Rebel group hits powerful military unit near Pakistani border

A suicide bomber killed five senior commanders of the powerful Iranian Revolutionary Guard and at least 37 others yesterday near the Pakistani border in the heartland of a potentially escalating Sunni insurgency.

The attack — which also left dozens wounded — was the most high-profile strike against security forces in an outlaw region of armed tribal groups, drug smugglers and Sunni rebels known as Jundallah, or Soldiers of God.

President Mahmoud Ahmadinejad promised sharp retaliation.

But a sweeping offensive by authorities is unlikely. Iranian officials have been reluctant to open full-scale military operations in the

Blame game

- Iranian state TV accused Britain of supporting Jundallah, without providing any evidence. The Revolutionary Guard blamed the attack on what it called the "global arrogance," a reference to the United States.

southeastern border zone, fearing it could become a hotspot for sectarian violence with the potential to draw in al-Qaida and Sunni militants from nearby Pakistan and Afghanistan.

In an attempt to boost security in the region, Iran in April put the Revolutionary Guard directly in control of the Sistan-Baluchestan Province in Iran's southeastern corner.

In May, Jundallah said it sent a suicide bomber into a Shiite mosque in the southeastern city of Zahedan, killing 25 worshippers.

The latest attack, however, would mark the group's highest-level target.

The 120,000-strong Guard also controls Iran's missile program, guards its nuclear facilities and has its own ground, naval and air units.

THE ASSOCIATED PRESS

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Comment

There is an art to being a flu diva

HineSight

Anne Hines

metronews.ca/hinesight



Recently, a local newspaper headline read, "Will H1N1 shots come in time?" The answer? "Not for this girl, they won't."

I have the flu. I don't know if it's swine flu.

Which, of course, we're not supposed to call "swine" anymore because it's insensitive to farm animals ... or men who behave badly ... I can't remember which. What I do know for sure is that when you have it you don't really care what it's called.

Traditional wisdom says there's nothing I can do now except rest and "push liquids." My friend Rob is a great believer in this. He takes a shot of whiskey at the first sign of a flu. Also the second, third, fourth and fifth. Another friend,

Laurie, says her family remedy of choice was rum laced with lemon and honey. Did it cure you? "Sure," she said. "Or if it didn't, you didn't really care."

Those who claim rest and liquids are all a sick person can do to feel better are missing one other important option. You can also whine, complain, and generally arrange to be waited on hand and foot. Being struck by flu is your excuse to become "Diva for a day."

There is an art to effective demanding. You need

ing a little) ... remember me as I was.

Liz: OK.

Me: But maybe ... a little orange juice.

Liz: Juice. No problem.

Me: Fresh-squeezed is nice.

Liz: I'll get oranges.

Me: In my favourite ... you know...

Liz: Xena, Warrior Princess glass. Got it.

Me: Served with warm homemade biscuits and that marmalade we saw in the gourmet shop in Tuscany.

Liz: You're on your own,

Sunshine.

Now many of you may be asking, "Does demanding attention really make you feel better?" The answer, of course, is, "Darn right it does."

This flu will run its course soon. In the meantime, I'm going to have to be satisfied with that ol' "rest and liquids" and, if I manage it, someone to fetch me my bunny slippers.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

SunnySide ☀

to hit that fine line between what will get you a response of, "I'll do that for you right away, my poor sick honey" or "I'm leaving you here to die alone."

I will illustrate:

Me: (making pathetic groaning noises as if every cell in my body is infested by some horrible disease. Which, as it happens, is the case.)

My partner, Liz: Can I get you anything?

Me: No, no. Just ... (falter-

Views

No express route to OC Transpo contract

InTransit

Steve Collins

metronews.ca/intransit



settled, but the ludicrously lethargic pace of negotiations speaks to a certain level of toxicity in the relationship between Transpo employees and management.

Gone is worker control of the schedule, a major point of contention between the city and drivers. The arbitrator noted that the arrangement, a concession from the city after a previous strike, "is not the norm. In fact, it is virtually unique." So off it went, but wages were increased 3.25 per cent for 2008, 2.5 per cent in 2009 and another 2.5 per cent in 2010. There will be no additional sick days or special leave, and no changes to contracting work out.

Both the union and the city claim to be relatively

pleased with the deal as set down by the arbitrator, which begs the question: Why weren't they able to do it without an arbitrator forcing them to play nice?

The answer is suggested by the fact that for most of the strike, both sides spent more time complaining about each other in the media than actually talking to each other. Only when the federal government started waving around back-to-work legislation did they finally stand down.

You may recall that Capital Ward Coun. Clive Doucet was shouted down by the mayor and fellow councillors in the early days of the strike for daring to suggest they take the dispute to binding arbitration.

That it has ended

there almost a year later is rather embarrassing, but at least it eventually worked.

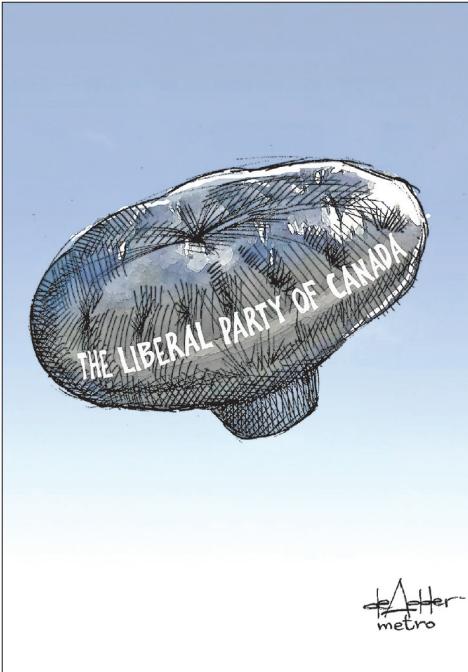
Amalgamated Transit Union members, however, last month blew a chance for saner labour relations in the future by voting to stay with a strike/lockout model instead of automatically going to arbitration.

"Hopefully, the next time the two sides are at the table they will negotiate and get a contract," union secretary treasurer Jim Haddad said after the vote.

We dare to dream, but I have a feeling that when this contract expires in 2011, we'll be headed for another round of posturing and brinksmanship.

Steve Collins lives, writes and walks in Ottawa; ottawaletters@metronews.ca

MICHAEL DE ADDER



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Canwest gets extension on Post talks

Canwest Global Communications Corp. said Friday it has received an extension from noteholders of Canwest Media Inc. on discussions to potentially shift the National Post daily to another division. The company has until next Thursday to determine whether it'll move the Post into the Canwest Limited Partnership. **THE CANADIAN PRESS**

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

**Paper mill layoffs delayed**

Newsprint giant AbitibiBowater, which is restructuring under court protection from creditors, has delayed the layoff of 120 workers at its paper mill in Clermont, Que., until the new year after receiving new orders from outside North America. The 10-week reprieve will get the employees through the Christmas holidays. **THE CANADIAN PRESS**

Smart to snub prepaid?

Consumers who want smartphones like BlackBerrys and iPhones will be tied to longer contracts and the subsidies that come with them to bring down the cost until pricing and shopping habits change, analysts say.

Prepaid phones dominate globally, but in North America and especially Canada, it usually applies to only basic cellphones.

"Canadians are not used to cellphones costing a lot of money," said PC magazine analyst Sascha Segan. "Smartphones without subsidies are expensive de-

m.metronews.ca



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vices."

A BlackBerry on its own without a subsidy, depending on the model, can cost up to \$700.

That's the reason prepaid customers are generally carrying around less powerful and less expensive mobile phones, said

Segan, managing editor of mobile at PCMag Digital Network in New York.

Segan noted that in the United States, he knows of only one carrier that offers a prepaid BlackBerry for \$50 a month with unlimited talk and text, email and web browsing but consumers have to pay \$450 US up front for the phone.

But in some countries, 85 per cent of people have prepaid phones, he said.

And major players like Nokia, Samsung and BlackBerry maker Research In Motion are in the prepaid market globally.

THE CANADIAN PRESS

Business in brief

ENERGY Paramount Energy Trust, a Calgary-based natural gas producer, says the Energy Resources Conservation Board

of Alberta has ordered the company to shut in natural gas production that will affect about 10.5 million cubic feet of

daily gas output from the Liege Field in the Athabasca oilands area of Northern Alberta.

THE CANADIAN PRESS

Wal-Mart engages in price-slashing battle

BOOKS Wal-Mart Stores Inc. launched a price war with Amazon.com Inc. and a nation of book retailers, lowering prices on certain highly anticipated hardback titles to \$9 US. The volley of discounts,

which began Thursday when the retailer listed prices for some upcoming hardcover releases at \$10 US, was answered with a similar price cut by Amazon, the largest online bookseller.

Then the two competitors lowered the prices even further to \$9.

Observers say the discounts could position it to forever change the online marketplace.

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In a recent TD Canada Trust survey of small and medium-sized enterprises on key challenges, cash flow was identified as their top area of concern. **NEWS CANADA**

Survey says

Small Business

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Taking pride

Celebrating the passion of Canada's entrepreneurs, Small Business Week 2009 marks its 30th anniversary in Canada this week.

The event will feature more than 200 events across the country, including business development seminars and the Young Entrepreneur Awards gala held in Ottawa tomorrow.

Industry Canada defines roughly 98 per cent of businesses in Canada as being small businesses with fewer than 100 employees.

This year's theme, "Your dream, your business, your passion," is meant to celebrate the ambition, perseverance and vision of Canada's entrepreneurs.

"Many entrepreneurs started with a dream, they took a risk and launched a business with their passion. They are the kind of ghosts in the machine that make the economy work and we wanted to shine a spotlight on these main contributors to the Canadian economy," said Michel Bergeron of the Business Development Bank of Canada.

- To find events happening near you, visit bdc.ca and click on the link for Small Business Week 2009.

— RAFAEL BRUSILOW

Pillars of the economy

RAFAEL BRUSILOW
for Metro Canada



Small businesses are more than the thriving backbone of Canada's economy — they are a testament to the resourcefulness and talent of an increasing number of Canadians.

Defined by Industry Canada as business entities with fewer than 100 employees, small businesses comprise about 98 per cent of all businesses in Canada, proof that entrepreneurs and the self-employed are a fundamental pillar of the Canadian economy.

Still, running a small business can be challenging even in the best of times. Statistics Canada figures show that every year, roughly 150,000 new small businesses are started by Canadians and about 130,000 close down. Less than three-quarters of small businesses survive their first year on average across the country, and on-

ly about one-in-five survive until their ninth year. Numbers are lowest in Atlantic Canada, with only 61 per cent of small businesses surviving their first year, and 15 per cent surviving to their ninth year.

Those numbers may scare even the brave, but with more than 2.35 million small businesses in operation throughout Canada, the overall state of small business in Canada appears healthy.

The face of small businesses ownership in Canada is also changing.

While precise figures are hard to obtain, Statistics Canada estimates 47 per cent of small and medium-sized businesses had at least some female ownership and about 38 per cent of such businesses were majority owned by women.

While women still obviously lag behind men in businesses ownership, more women than men are starting their own businesses, with the number of self-employed women hav-



Statistics Canada estimates 47 per cent of small and medium-sized businesses had at least some female ownership, and about 38 per cent of such businesses were owned by women.

ing grown by 23 per cent in the last 10 years compared to 20 per cent growth for men.

"There's an increasing trend in terms of women owning their own businesses," said Michel Bergeron, vice-president of corporate relations for the Business Development Bank of Canada. "They are the fastest-growing segment of entrepreneurs."

Bergeron believes reduced barriers to starting a business and the prevalence of more female entrepreneurs as role models have been big factors in the rise of women leaders of small business.

Despite the recent recess-

"There's an increasing trend in terms of women owning their own businesses." Michel Bergeron

many employees as larger firms did, preferring instead to offer employees creative solutions like holidays and part-time employment in order to retain them for the eventual economic recovery.

"Entrepreneurs were quite agile in adjusting to the economic environment — they were resilient from an employment perspective," Bergeron said.

Across Canada, 59 per cent of businesses are located in Ontario and Quebec, roughly 35 per cent are located in the Western provinces, around 6 per cent are in Atlantic Canada, and only 0.3 per cent are in the Northern territories.

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Planning key when starting a business

RAFAEL BRUSILOW
for Metro Canada



Starting your own business is always challenging, but with a good plan, you can set your entrepreneurial dreams on the path to success.

Patrick Latour, a vice-president and area manager at the Business Development Bank of Canada, says the most important thing you can do when starting a business is research.

"Understand what your unique selling point is," he said. "Who are you competing with, are you creating something brand new or expanding on an already existing idea and how are you going to get people to buy from you? The best startups take the time to plan."

Advice and support is crucial, so don't try to go it alone, says Ted Mallett, vice-president of research at the Canadian Federation of Independent Business.

Find people you trust who can help you fill in the gaps in your knowledge and experience.

"People with the largest networks are more likely to succeed in the long run," Mallett said.

A recession may seem like a scary time to start a business, but it can be a blessing in disguise.

"Recessions tend to weed out businesses that are weaker, and those that do make it to the startup stage during a recession

have a better survival rate," he said.

Mallett says too many new businesses focus on spending money before they've begun making it. There's a good reason for the cliché of the bedroom-boardroom, he says.

"Don't spend your money before you've built a customer base. The vast majority of startups happen with a credit card balance — huge startups with millions of dollars are rare," Mallett said.

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If you have a heated garage, keep it cool until a little while before you'll use it. Your car doesn't mind spending a chilly night alone; in fact, warm air makes road salt more likely to damage its metal parts. METRO NEWS SERVICES

Going Green

Recycling with bingo

Retiree finds unique way to spread message

Under B, egg cartons. Under the G, margarine tubs.

Residents of a 330-unit apartment building in Toronto hear that kind of call when they play Sharon Henry's bingo game: Numbers are replaced by items that go into Blue Boxes or Green Bins.

It's part of Henry's volunteer effort to increase recycling in her community housing highrise, and it's paying off: A year ago, the building filled six dumpsters of garbage each week. It's down to four, now joined by three bins of recyclable Blue Box materials — papers, plastics, glass

Waste Reduction Week

- This is Waste Reduction Week, from Oct. 19 - 25. Go to www.wrrcanada.com to find out what you can do.

and metals — and another of organic wastes for composting. The 65-year-old retired bank employee aims to eliminate one more garbage container within a year.

At the outset, people were confused, Henry says.

Now, thanks to the bins as well as posters, meeting presentations —

even door-to-door collections — recycling comes more naturally.

Henry's experience is instructive, as Toronto pursues its own goal to divert 70 per cent of all waste from landfill by the end of next year — without incineration. It's now at 45 per cent, which seems unimpressive when Edmonton and a handful of American cities already claim 70.

But better results from multi-unit buildings are essential. Henry's techniques might not be appropriate for all highrises. But the intensity of her effort must be replicated. So, for exam-



Sharon Henry got residents of her apartment building involved in recycling.

ple, the city will experiment with a mobile collection service for electronic

equipment: A vehicle will visit highrises at set times, and residents will be invit-

ed to bring their discards down during the preceding hour. TORSTAR NEWS SERVICE

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10 tips to cut water consumption

There are many reasons why a family would want to reduce its water consumption — save money, avoid taxes, lower energy use, minimize the carbon footprint — but sometimes it's hard to break old habits. Here are a few helpful suggestions from Canadian government agencies and American Standard — a presence in many bathrooms and kitchens.

Half of domestic water consumption takes place in the bathroom.

Turn the tap off while you are cleaning your teeth or shaving. That's

water running to waste. A quick burst to clean your brush or your razor is water well-used.

If a tap leaks, fix it. Just a small drip can waste seven buckets of water a day.

A low-flow shower head reduces consumption by 25 per cent or more without spoiling your shower experience.

The biggest single user of water in the home is the toilet. Switching to a high-efficiency model (HET) will cut the total flush by 40 or 50 per cent. Many municipalities will cover part of the cost.

Most of the rest is used in the kitchen.

Again, turn the tap off when the water is simply running to waste. When hand-washing dishes, use a partly-filled sink. When washing fruits and vegetables, use a sink or bowl. A spray attachment is an economical way of rinsing.

Save your dishwasher for full loads. The same applies to your clothes washer. You'll be saving energy as well as water if you do.

Drinking lots of water is good for you. Letting the tap run until the



water is cold is bad for everyone. For drinking, keep a container of water cold in your fridge.

Meanwhile, if you have a garden:

During warm weather, lawns and gardens

need the equivalent of five millimetres of rainfall — not more. Much less is required when it's cool.

Over-watering in anticipation of a shortage is a waste. The soil won't retain the extra moisture.

Brooms sweep driveways better than hoses.

Advice on water conservation is found online at www.americanstandard.ca. This website also provides a water use calculator, and lists Canadian municipalities that share the cost of high-efficiency appliances.

NEWS CANADA

Klassen earns spot

Cindy Klassen returned to competitive speedskating yesterday and immediately made her mark by clinching a spot on Canada's World Cup team. Klassen finished fifth in the 1,500 metres at the Canadian Fall World Cup Selection Trials in a time of two minutes 0.69 seconds. **THE CANADIAN PRESS**

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

**Button locks up F1 crown**

Jenson Button, left, won his first Formula One title with a fifth-place finish at the Brazilian Grand Prix yesterday, taking advantage of mishaps by the other title contenders in a race won by Red Bull's Mark Webber. The fifth-place was good enough to give Button an insurmountable 17-point lead in the drivers' standings ahead of the season-ending race in Abu Dhabi on Nov. 1. **THE ASSOCIATED PRESS**

Brady lights up Titans

Tom Brady threw six touchdown passes — five in one quarter, an NFL mark — and the New England Patriots sent the hapless Tennessee Titans plummeting to a new low in their winless season with a 59-0 win on a snowy yesterday.

Brady had five TD passes in the second quarter, a record for one period. The six touchdown throws tied Brady's own Patriots record. And the 59-point margin matched the largest since the NFL-AFL merger in 1970, the Los Angeles Rams' 59-0 win over the Atlanta Falcons in 1976.

The Patriots (4-2) gained a club-record 619 yards with

Brady completing 29 of 34 passes for 380 yards.

The Titans (0-6) took their worst loss since they began play in 1960 as the Houston Oilers, eclipsing the 61-7 setback to Cincinnati in 1989. They won their first 10 games last season.

Elsewhere in NFL action yesterday it was Vikings 33, Ravens 31; Saints 48, Giants 27; Panthers 28, Buccaneers 21; Texans 28, Bengals 17; Steelers 27, Browns 14; Packers 26, Lions 0; Chiefs 14, Redskins 6; Jaguars 23, Rams 20 (OT); Raiders 13, Eagles 9; Cardinals 27, Seahawks 3; Bills 16, Jets 13 (OT).

THE ASSOCIATED PRESS



New England Patriots quarterback Tom Brady throws the ball against the Tennessee Titans in Foxborough, Mass., yesterday.

Bias against Quebecers still exists in NHL, book claims

HOCKEY Bob Sirois is wading into an old and unresolved debate dating from the 1955 Rocket Richard Riot — whether there's bias against French-Canadian players in the NHL.

The former right-winger argues in a new book, "Le Quebec mis en echec: la discrimination envers les Quebecois dans le LNH" (Quebec bodychecked: Discrimination against Quebecers in the NHL), that prejudice is alive and well in the league.

The publishers claim the book, to be launched tomorrow, presents the most substantive case ever released on the difficulties faced by French-Canadian

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hockey players.

But the former Philadelphia Flyers and the Washington Capitals player doesn't feed the controversy with oft-used anecdotes. Sirois instead tries to show with stats and numbers that NHL managers don't hold French-Canadian players in as high esteem as their anglophone peers.

THE CANADIAN PRESS



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Angels looking to rally

BASEBALL Torii Hunter grabbed his hat, tied his spikes and headed out of Los Angeles' home clubhouse into the abundant sunshine and cool breezes of Angel Stadium.

"Now I can work on my tan again," the Angels' unofficial captain said with a grin yesterday.

His Angels are undeniably in trouble after two nights of horrible weather and messier baseball in New York, where the Yankees took a 2-0 lead over their error-prone opponents in the AL championship series.

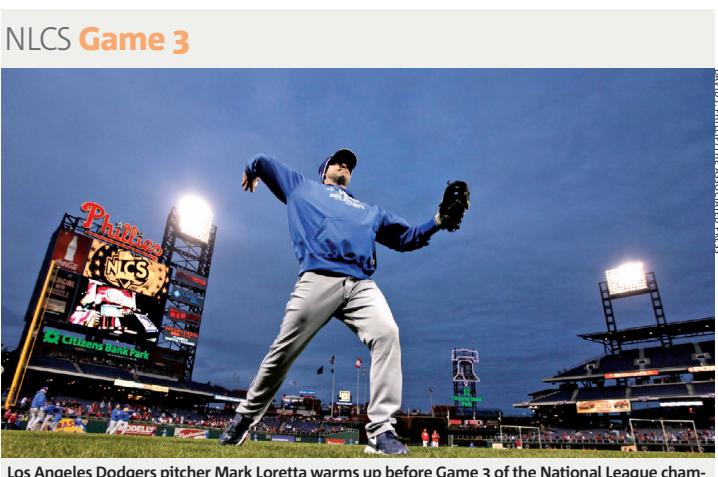
Yet the Angels say they're far from finished going into Game 3 today.

THE ASSOCIATED PRESS

insisting they can warm back up with the fundamentally sound play that got them here after a difficult season.

If the Angels don't quickly reclaim that California cool, the Yankees could be headed to the World Series by tomorrow night.

On an afternoon expected to feature near-perfect baseball weather, New York's Andy Pettitte will attempt to win his major league-record 16th post-season game against Jered Weaver, specifically chosen for this start because of the southern California native's prowess at home.



Los Angeles Dodgers pitcher Mark Loretta warms up before Game 3 of the National League championship series against the Philadelphia Phillies last night in Philadelphia. For a recap and up-to-date information on the MLB playoffs, visit metronews.ca/sports.

Sports in brief

STABBING A University of Connecticut football player died yesterday morning following a stabbing after an on-campus dance, hours after the team's victory over Louisville. Twenty-year-old Jasper Howard, a starting cornerback, and a second person were stabbed during a fight early yesterday, police said.

SOCCER Tony Donatelli, Joey Gjertsen and Roberto Brown scored in the first half as the Montreal Impact defeated the Vancouver Whitecaps 3-1 to win the United Soccer League First Division championship before a sold-out crowd of 13,034 at Saputo Stadium on Saturday afternoon. The Impact won the two-game, total-goals series 6-3 on aggregate.

METRO NEWS SERVICES

Late last month, Cape Breton University introduced a new website. The homepage of the vibrant, easy-to-navigate site is dominated by a large, colourful graphic banner which visitors can manipulate by clicking on the thumbnails below. METRO NEWS SERVICES

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Atlantic Canada back on track

According to the Association of Atlantic Universities' 2009-10 Preliminary Survey of Enrolments, the region's universities experienced a 1.5 per cent (year-over-year) increase in undergraduate enrolment, ending a four-year decline in this category. Universities also saw a 5.4 per cent rise in the number of graduate students, a 16.5 per cent increase in international student enrolment, and a 0.4 per cent hike in registrations among first-year students.

METRO NEWS SERVICES

Is your small biz ready for tax season?

Small Business Week

KATE MCCAFFERY
for Metro Canada

It's been a rough year of lay-offs and downsizing for a lot of Canadians. As the labour market imploded and shed jobs, many former employees who found themselves out on the street decided to manage the situation by going into business for themselves.

Even if the arrangement only lasted for a few months, those who did move into self-employment this year, particularly those who made money, have a few things to put in

place or consider before tax season. (It's not that far away.)

H&R Block Canada's senior tax analyst, Cleo Hamel and CIBC's Jamie Golombok, managing director of tax and estate planning at the bank's private wealth management division, say there are several things a newly or suddenly self-employed person should do when starting out.

Open a separate bank account for tax liabilities: In addition to income taxes, those with self-employment income exceeding \$30,000 a year will need to collect and remit GST to the government on a quarterly basis. "Cash flow can be an issue," she says. "You need to make sure the money is



If you're one of the many people who have pondered starting your own business in these times of financial crisis, take note of the advice found in this article.

there and ready to go if you have obligations." A separate payroll account may al-

so be needed if there are plans in place to hire staff for the business.

- Keep clear records:** A number of expenses can be claimed to offset income and reduce taxes at the end of the year, but many can be lost or the details forgotten if simply kept in a shoebox filing system. As well, keeping track of income earned is vitally important to avoid any unpleasant surprises, given that income tax is no longer being deducted ahead of time.

- Get professional help:** "It doesn't hurt to sit down with a qualified accountant who specializes in small business to discuss general tax planning, severance, withholding tax or the need to pay," says Golombok. He adds that CanadaBusiness.ca is a good website for general information. "There are a lot of great resources available for business owners."

come earned. At the same time, those who've received Employment Insurance payments at any point during the year could owe money — Hamel says EI generally only withhold 10 per cent for tax purposes, even though federal tax rates start at 15 per cent.

- Track all sources of income:** Not only will it be necessary to pay the income tax bill employers once made deductions to cover, severance packages can push people into higher tax brackets, which in turn allows the CRA to demand a much larger chunk of any additional in-

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Robert Kiyosaki will not attend this workshop.



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With The September Issue, a documentary about Vogue magazine's

Anna Wintour, hitting the theatres this month, Metro decided to take a look at fashion design schools across Canada and what they have to offer. The jeans you put on in the

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morning are more than just something to keep your legs warm in the fall. They are the result and the creation of a fashion designer's artistic vision.

All over the world, fashion designers are working to put together new clothes and styles to not only keep us clothed, but express themselves in the process. Whether they're working on their own fashion line or as a team member for a big-name retailer, these designers are pulling their ideas together from worldly influences to create the clothes many people take for granted.

"When you're sitting on the Metro and see someone wearing your jeans, it's priceless," says Francois Bousquet, program director of LaSalle College's International Fashion School in Montreal.

The college, which has campuses all over the world including countries like China and Morocco, offers students an opportunity to stay up-to-date with international fashion techniques, where they learn not only the practical but also the business side of the industry and how it relates across borders. Located in what is arguably the fashion capital of Canada, Bousquet notes the cultural importance and fashion history that are unique to the city.

"The industry has been in Quebec for a long time," he says, "and it's quite clear



Ever dream of seeing your creations walking down the catwalk?

If the piece isn't meaningful to you, it won't be meaningful to anybody else."

Betty Michaud, program co-ordinator for Seneca's fashion arts program

and present everywhere."

Of course, fashion design isn't just about where you live, but where you're from and where you're going.

Program Co-ordinator and professor for Seneca College's Fashion Arts pro-

From east to west

• There are a number of Fashion Design programs offered at various colleges and universities around the country. Here is a selection:

- Academie de Dessin de Mode Richard Robinson Academy of Fashion Design (Ottawa) richardrobinson.com
- Academy of Fashion Design (Saskatoon) aofdesign.com
- Kwantlen University College (Surrey) kwantlen.bc.ca
- University College of the Fraser Valley (Abbotsford) ufv.ca
- Ryerson University, School of Fashion (Toronto) ryerson.ca/fashion/

gram, Betty Michaud, says that it's important as a designer to know why they've designed a particular piece. She says without having an answer for why the world needs the piece, it's unlikely to touch others.

"If the piece isn't meaningful to you, it won't be meaningful to anybody else," she said. "It's not just about learning to craft something. Most of it comes from a deeper level."

At Seneca, Michaud says it is a priority to work with the individual strengths of each student so they can create and articulate their visions.

For enrolment information about both programs, you can visit their web sites at lasallecollege.com and senecac.on.ca.

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Fleming introduces new core promise

Last week, Fleming College launched its new core promise to students, staff, and its entire learning community — "Learn. Belong. Become." METRO NEWS SERVICES

So, what do you do?

OddJobs

Diane Peters

Metronews.ca/oddjobs



Christine Hart tries to make dating better for everyone who asks.

The first business Christine Hart launched was a casting agency. She liked the thrill of running a successful business well enough, but she really loved it when the actors dropped by her office and chatted about their love lives.

Hart, 36, now spends all of her time doing just that as one of Canada's few dating coaches. But since she had to invent the job on her own, it took her a few steps to get there.

She sold the Toronto-based casting agency after nearly four years and moved back to her hometown of Calgary — she missed the mountains and wanted to be able to buy a home.

That was early 2002,

when speed dating was just taking off. On impulse, she called a friend and asked her if she wanted to start hosting events.

The two launched Six Minute Dates soon after and Hart ran it for six years. During that time, she got to be known as an expert on dating and the singles scene. Feeling restless, Hart wondered what her next launch would be. Then she and a friend saw the Will Smith movie Hitch by accident — the one they wanted to see was sold out.

"That's what I do," Hart told her friend when the movie about a "date doctor" was over. It had never occurred to her that any-

one could help people with their dating lives as a career in itself. So she started YourDateCoach.com and sold the speed dating business in late 2007.

Now, she works with clients one-on-one, either in person or over the phone. Singles sign up for a minimum of four-hour-long sessions. Hart talks to them about what they're looking for, gives them dating tips and sometimes homework. "I think dating should be fun and should lead to a healthy relationship. It doesn't have to be this arduous work."

As well, she runs workshops on things like flirting, and writes articles for her web site and newsletter.

The Lowdown

Job title: Dating coach

Salary: Charges \$387 for four sessions

Education/training: A degree in communications, hands-on experience with singles and a lifetime of listening and giving advice.

Best part of the Job: "Meeting clients who are so frustrated and then there's a turnaround. Bringing more peace into people's lives."

Worst part of the Job: "Defining exactly what I do, I do so many things."

Her advice and ideas get results. Her speed dating business alone led to 65 marriages. But Hart doesn't define success just by wedding rings. A victory can be someone breaking their old dating patterns or simply learning to make eye contact.

As for her own dating life? "It's changed so much. Dating has become so much more fun."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

BookReview**Brews and bullishness****Why Mexicans Don't Drink Molson**

Author: Andrea Mandel-Campbell

Publisher: Douglas & McIntyre

Price: \$24.95

It's a sad and frustrating tale that in Canada, the top beer drunk is not Canadian. Its America's King of Beers, Budweiser, that holds that spot. So how then could we even expect our businesses to be represented in the global market place when we don't even consume our own brands with loyalty? This book takes a look at the Canadian way of doing business up until 2008. Canadians have not been bold or aggressive enough to go after a global market and for this reason earned the reputation of being overly prudent and risk averse. Given the current opportunity, Canada has another chance to take on the world. Great book.

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Le Collège des meilleures pratiques

Angelina Jolie is in negotiations to replace Charlize Theron in the Hollywood remake of the 2005 cult French film *Anthony Zimmer*, to be retitled *The Tourist*. METRO NEWS SERVICES

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Box office

Following are the top 10 films at the North American box office for the weekend beginning Oct. 16, according to studio estimates:

- 1 Where the Wild Things Are:** \$32.5 million US
- 2 Law Abiding Citizen:** \$21.2 million
- 3 Paranormal Activity:** \$20.2 million
- 4 Couples Retreat:** \$17.9 million
- 5 The Stepfather:** \$12.3 million
- 6 Cloudy With a Chance of Meatballs:** \$8.1 million
- 7 Zombieland:** \$7.8 million
- 8 Toy Story / Toy Story 2:** \$3.0 million
- 9 Surrogates:** \$1.9 million
- 10 The Invention of Lying:** \$1.9 million

THE ASSOCIATED PRESS

Cyrus in the City

Miley Cyrus is definitely in *Sex and the City 2*. The Hannah Montana star, 17, was spotted on the sequel's NYC set on Friday. Penelope Cruz and Liza Minnelli also appear in the film.

USMAGAZINE.COM



Film divas blazed a path

New book examines how black female stars pushed the racial boundaries

Dorothy Dandridge was the first black woman nominated for a Best Actress Oscar. Almost a half century passed before another black woman — Halle Berry — won the award.

They and three others — Pam Grier, Whoopi Goldberg and Oprah Winfrey — are subjects of the new book *Divas on Screen: Black Women in American Film*.

"These women have pushed the racial boundaries for audiences, setting new standards for beauty and body type" said author Mia Mask.

She took on the book be-

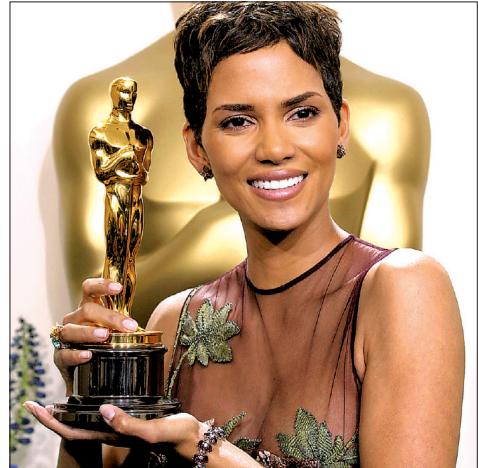
cause, while black male stars are now enjoying huge success, little has been written about their female counterparts — as performers who can headline a film.

Dandridge was nominated for her lead role as the hedonistic factory worker in the 1954 classic Carmen Jones, alongside Harry Belafonte. Berry won an Oscar in 2000 for playing the wife of an executed murderer in *Monster's Ball*. She also had portrayed Dandridge as a stunning femme fatale in a 1999 HBO film about Dandridge's life.

When Dandridge became a star, "she was working in an environ-

Halle Berry, right, was the first black woman to win the Best Actress Oscar almost a half century after Dorothy Dandridge, above, was first nominated.

ment in which there were almost no women of colour (in leading roles)," said Mask.



In spite of vast changes, Mask said, sore points persist in casting black women for star roles: a paucity of quality parts, and a new trend of pairing black lead actors with female leads who are not.

Studio heads don't think two black characters will appeal to general audiences," said Mask.

THE ASSOCIATED PRESS



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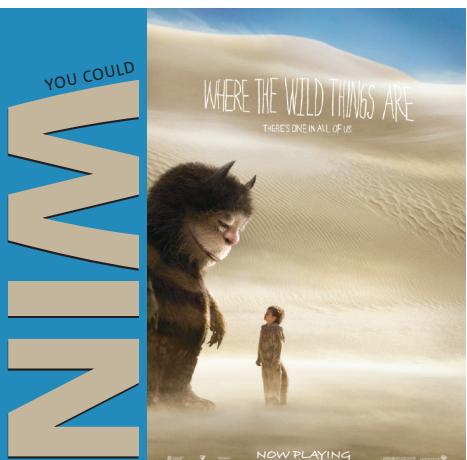
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Kourtney robbed

According to TMZ, Kourtney Kardashian's home in Calabasas was broken into and burgled. [POPEATER.COM](#)



Polanski needs medical tests, says lawyer



LEGAL One of Roman Polanski's lawyers says the jailed filmmaker is undergoing medical tests, though his current condition "is not of exceptional gravity."

Hervé Temime told The Associated Press in a telephone interview that after Saturday's tests Polanski would return to the Swiss prison where he is being held on a U.S. arrest warrant for having sex with a 13-year-old girl in 1977.

The Paris-based lawyer declined to say what kind of exams Polanski had undergone or where they were administered.

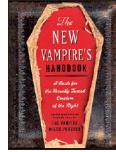
Swiss tabloid newspaper Blick printed pictures Saturday of a van it said had whisked the director from the prison the northeastern city of Winterthur to an unnamed Zurich hospital.

Polanski has been in custody since late September.

THE ASSOCIATED PRESS

Roman Polanski

A vampire wannabe guide



The New Vampire's Handbook

Authors: The Vampire Miles Proctor
Publisher: Villard
Price: \$17.99 (Paperback)

Living as a vampire may appear sexy and alluring in popular culture, but for a first-timer, knowing where to look for fresh blood or how to tailor your gothic appearance

BookPicks

BookPicks

to mention how to survive social adaptation after your 100th birthday. That's why The Vampire Miles Proctor has released this how-to guide, ideal for the fang-equipped immortal to understand his bloodsucking side. This comic blueprint spells out every need-to-know vampire tips, including Five Steps for a Successful Feeding.



The Bohemian Girl

Author: Kenneth Cameron
Publisher: Orion Books
Price: \$24.95 (Paperback)

A letter addressed to American author Denton found behind the frame of a painting propels a tale of mystery and madness in the streets of Edwardian London in Kenneth Cameron's latest mystery novel. The letter is from a

young woman, expressing the dangerous circumstances in which she finds herself. Unsure of whether she has survived after receiving the letter months after it was sent, former lawyer Denton dives relentlessly into the case. What he discovers is the eccentric English artist community, where lunacy isn't a rarity.



Frostbitten

Author: Kelly Armstrong
Publisher: Random House Canada
Price: \$32 (Hardcover)

There's something rotten in the secretive Otherworld, and it's up to Elena Michaels to figure it out. The sexy she-wolf is the sole woman werewolf in the world, befit with the attributes of intelligence, inhabiting the supernatural world and having her pick of mystical mates. When she and beau Clayton Danvers venture to Alaska to figure out who has been devouring humans (thereby blowing the Otherworld's cover), the pair is faced with a force less easily conquerable than they imagined.

BRIAN COULTON/
FOR METRO CANADA

In brief

DEATH A Cirque du Soleil performer, who fell off a trampoline during a training session Friday, has died of his injuries. The company said Oleksandr Zhurov (Sasha) died in a Montreal hospital Saturday. The 24-year-old Ukrainian performer was doing general training exercises for the world-famous circus when the incident happened. Cirque founder Guy Laliberte said he was deeply saddened by the death of the artist. "Today, it is all of Cirque that is in mourning," Laliberte said.

THE CANADIAN PRESS

FUNERAL Hundreds of fans crowded streets around a Dublin church Saturday for the funeral of Irish singer Stephen Gately, who died from pulmonary edema, or fluid in the lungs, last week while on vacation on the Spanish resort island of Mallorca. Gately, 33, enjoyed success with boy band Boyzone, a U.K. hitmaker in the 1990s.

THE ASSOCIATED PRESS

Kenya's Style

Kenya Hunt

Exclusively at
[metronews.ca/globalstyle](#)

For complete online movie listings, trailers, reviews and tickets, visit:
[metronews.ca/movies](#)

prime time

10/19/09

news

sports

family

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	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
265	353	2	TVO	Victorian Farm (N)	The Agenda With Steve Paikin	Midsomer Murders	Henry VIII: The Mind	Agenda-Paikin				
211	331	3	GTV	ET Canada	Entertainment	House "Brave Heart" (N)	Lie to Me "Honey" (N)	Heroes "Tabula Rasa"	News Final			
-	-	36	SRC	Virginie (SC)	Les Parent (N)	L'Auberge du chien noir (SC)	La Galerie (HDTV) (N) (SC)	Le Téléjournal Nouvelles. (SC)	La Zone (SC)			
209	342	6	CHRO	Degrassi:TNG	TMZ (N)	Gossip Girl (HDTV) (N)	Two/Half Men	Big Bang Th	(10:02) Castle (N)	Comedy Now		
196	311	7	CTV	etalk	Hollywood	Dancing With the Stars (HDTV) (Live)	Just for Laughs (N)	Two/Half Men	(10:02) CSI: Miami (N)	CTV News		
208	303	8	CBC	Wheel-Fortune	Jeopardy! (N)	Blade-Blades "Little Mosque"	Trauma "Stuck" (N)	Omni News: The National	The Hour			
-	364	9	NBC	Wheel-Fortune	Jeopardy! (N)	Heroes "Tabula Rasa"	Le Mentaliste (N) (SC)	TV Nouvelles (10:45)	Denis Lévesque			
117	713	10	TVA	Les Gags	Sketch Show	Laura Cadieux (Km/h) (SC)	Vivere V	Omni News: The Simpsons	King of the Hill	Metropia		
-	-	11	QS	La Maison de	Rire et dérire	CIA: NY Victimes. (SC)	Le Mentaliste (N) (SC)	Wipe Out	L'Attaque à 5 (N) (SC)	News at 11 (N)		
137	763	12	TFO	Panorama		CIA: guères secrètes	Quelques jours avec moi *** (1988, Com, dramatique)					
-	365	13	CBS	The Insider (N)	Judge-Brown "How I Met" (Accidentally)	Two/Half Men	Big Bang Th	CSI: Miami "Bad Seed"	Two/Half Men			
216	394	14	OMNI	Family Guy	The Office	Heure polit.	Revue					
214	344	15	CITY	Law & Order: SVU	Omni News: S. Asian Edition	L'Heure politique	Période-quest.					
115	343	16	CFMT	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)	Omni News:	The Jay Leno Show (N)	News			
218	345	18	CHCH	Addicted to Love ** (1997, Romance-Comedy) Meg Ryan.		Vivere V	Omni News: The Simpsons	King of the Hill	Metropia			
-	361	20	ABC	Action News	Entertainment	Dancing With the Stars (HDTV) (Live)						
512	394	24	CAPC	La Période de questions	Heure polit.	Two/Half Men	Big Bang Th	(10:02) Castle (N)	News			
651	355	25	CTS	Little House on the Prairie	Dr. Quinn, Medicine Woman	100 Hunley Street	Life Today	This Is Day	John Hagee			
-	365	36	FOX	MLB Postgame	Seinfeld	Lie to Me "Honey" (N)	FOX 2 News (N)					
-	-	64	PBS	Business Rpt.	Whiz Quiz	Antiques Roadshow	Latin Music USA (N)					
205	312	104	CTV	etalk	Hollywood	Dancing With the Stars (HDTV) (Live)						
502	390	26	NW	CBC News	Our World	CBC News: Tonight (N)	CBC News: The National	(10:02) CSI: Miami (N)	CTV News			
500	500	33	CNN	Lou Dobbs Tonight	Campbell Brown (N)	Larry King Live (N)	Anderson Cooper 360 (HDTV)	Terror in the Skies	National			
406	417	27	net	MLB Preview	MLB Baseball Los Angeles Dodgers at Philadelphia Phillies. (HDTV) (Live)							
126	732	28	RDI	24 Hours in 60 minutes		Le Téléjournal (SC)	RDI économie	Le National	Le Téléjournal			
400	280	30	TSN	That's Hockey!	Monday Night Countdown	NFL Football Denver Broncos at San Diego Chargers. (HDTV) (Live)						
410	403	52	SCR	RaceNight		(9:15) WWE Monday Night Raw						
411	457	56	OLN	Ghost Hunters	Bounty Hunter	Bounty Hunter	Survivorman	Ghost Hunters	Bounty Hunter			
417	408	59	SC	Pass Time	NASCAR Hub	This Week in NASCAR (N)	SuperCars	SuperCars	Barrett-Jackson	Car Crazy		
554	544	48	TEL	Scooby-Doo	Scooby-Doo and the Witch's Ghost	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken		
557	540	51	FAM	Sonic Chance	Zack & Cody	Overruled!	Han. Montana	Latest Buzz	Ned's School	Cory in House	That's-Raven	
551	542	65	YTV	Drake & Josh	To Be Indie	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	The Next Star	Adrenaline Proj	
570	589	29	MM	The Daily Fix		Ranked!		Wild 'n Out	Wild 'n Out	Brooke Knows	The Daily Fix	
615	524	31	A&E	Criminal Minds (HDTV)	Intervention "Tom"	Pot City, USA (HDTV) (N)	Extreme Paranormal (N)					
628	584	32	SPKE	CSI: Crime Scene Invstgtn.	UFC Unleashed	UFC Fight Night						
521	560	34	TLC	Little People	Little People	Jon & Kate	Ultimate Cake Off (N)					
145	761	35	TV5	Vie privée, vie publique	Secrets d'histoire	Enfants de boches						
616	524	39	SHO	The Outer Limits	The Perfect Child (2007, Drama) Rebecca Budig.							
620	529	40	EVO	Royal Winnipeg Ballet: 40	Vida Y Danza, Cuba	Audience Nell Diamond	Altered by Elvis					
520	505	42	DIS	Daily Planet (N)	MythBusters Ninjas.	Junk Raiders (N)	Dirty Jobs					
575	583	43	CMT	Funniest Home Videos	Reba	Reba	According-Jim	Home Improve.	Home Improve.	Do South		
601	562	45	SLC	Rich Bride, Poor Bride	Last 10	Last 10	Re-Vamped	Plastic-Perfect	Plastic-Perfect	ET Canada		
625	544	46	COM	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Brian Regan: Standing Up	Daily Show	
294	529	47	TBS	Family Guy	Family Guy	House-Payne	Law & Order: SVU	Set It Off *** (1996, Action)				
600	564	49	H&G	House Hunters	Property Virgin	For Rent	Income Prop.	House Poor (N)	My First Place	Urbania	TV5 Le Journal	
627	528	50	SPC	Stargate Atlantis (DVS)	StarTrek: Voyager	Scream 2 *** (1997, Horror) David Arquette, Neve Campbell. Premiere.						
581	561	51	MTV	Cribs	After	Gone Too Far "Amy"	The Hills	The Hills	Peak Season	After		
618	524	52	TROP	Raymond	The Outer Limits	ET Canada	Comeback	Family Guy	Raymond	Raymond		
522	506	55	HIS	The Color of War	Paton 360	Battles BC (N)	Generation Kill "Get Some" (Part 1 of 7)					
129	773	60	CD	Biographies (HDTV)	La Femme loup	Science du sport	Preuves à l'appui					
261	394	61	V	Murder, She Wrote	Green Grass	Summer Wine	Unscripted (N)	McLeod's Daughters	Mayday			
602	567	62	W	Old Christine	Friends	Grocery Bag	Love It or List It (N)	House-Sell	Divine Design	Love It-List It		
269	350	70	APTN	Nukum	Makusham	La Guerre de 1812	Henri et Berlin *** (1994, Drame) Gary Farmer.					
621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)	The View (HDTV) (N)	The Dr. Oz Show (HDTV)	TMZ			
603	561	95	FN	Ricardo	David Rocco	Food Jammers	Food Jammers	Top Chef: Las Vegas	At the Table	At the Table	Restaurant	

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For more ideas on treating and simple play, visit [haveyouplayedtoday.ca](#).



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Go to [metronews.ca](#) to enter for your chance to win.

critics' corner

Unscripted

Famous and fascinating people telling their life stories in their own words is the mainstay of this series. And the subject of this new episode certainly has plenty to tell. Rip Taylor has had a decades-long career that spans everything from live stand-up and movies to television variety shows, sitcoms and game shows. 10 PM on 61 V



Heroes

Sylar starts on a path to rediscover his true identity. Hiro tries to help Emma understand the possibilities and the responsibilities that go with having an ability. Peter asks H.R.G. to help him find a healer for Hiro in the new episode "Tabula Rasa." 8 PM on 9 NBC; 10 PM on 3 GTV

CSI: Miami

With a deadly outbreak threatening the people of Miami, Dr. Alex Woods returns to help Horatio and the rest of the CSI team scramble to stop it. Emily Procter, Eddie Cibrian and Adam Rodriguez also star in the new episode "Bad Seed." 10 PM on 9 NBC; 10:02 PM on 7 CTV

18 entertainment



TLC filed a lawsuit against Jon Gosselin Friday, accusing the *Jon & Kate Plus 8* star of breach of contract by making paid TV appearances and unauthorized public disclosures about the TLC show, according to The Associated Press. [TVGUIDE.COM](#)

This may go on forever

Celebrity Buzz

Renée and Bradley get cozy in Vancouver

EVERYBODY SAY 'AWWW' Alleged couple Bradley Cooper and Renée Zellweger re-united in Vancouver last week, where he's been busy filming the movie version of *The A-Team*. Zellweger was spotted out and about with Cooper looking very cozy, sources tell People magazine.

"Whenever they were



speaking, they had their hands on each other's knees underneath the table, and they were holding each other's hands underneath the table," a sources says. "They were very cute. They really looked like a couple, and that they were together."

METRO WORLD NEWS

Stephanie Pratt arrested on DUI charge

IS THERE ANYONE IN LOS ANGELES WHO DRIVES SOBER? Stephanie Pratt was arrested for suspicion of driving under the influence at 3:45 a.m. Sunday in Hollywood, according to TMZ.com.

Pratt, 23, was still in custody yesterday morning. Her bail has been set at \$5,000 US, us-

magazine.com reports. Pratt has admitted to having an addiction to drugs and alcohol. She recently opened up to Us Weekly about her battle with bulimia. "The more I can stress about being honest, the better," she told Us. "You are as healthy as your secrets."

METRO NEWS SERVICES



The Lohan smackdown: Dina tells Michael where it's at

DON'T THEY ALL NEED RESTRAINING ORDERS? Dina Lohan has a message for her ex-husband Michael about some recent interviews, during which he's claimed their daughter Lindsay is abusing prescription pills: Stop discussing Lindsay's private life and focus on yourself, people.com reports.

Michael Lohan visited Maury Povich's daytime talk show in a desperate bid to reach out to troubled daughter Lindsay Lohan.

"There's nothing left of her. I was out in L.A. with her about three weeks ago when she got robbed," he said during the televised interview. "She called

me up at 3:30 a.m. and said, 'Daddy, come out here.' I flew out and couldn't even look at her. I had to go outside and cry. When I hugged her, it's just a hollow, hollow person."

Dina lashed back Saturday, telling People: "Michael Lohan needs to focus on being a parent, paying child support, of which he is six months behind, and making up for all the years he was an absentee dad.

And stop going on national television talking about his children publicly."

On Saturday, Michael told the

photo agency X17, "I'm going to see the judge this week ... If I can't get a conservatorship, then I'm going to take her to an undisclosed location and get her straight. But I know I'm gonna get charged (with) kidnapping."

But while Michael is planning to meet with a judge and seek conservatorship, a source tells People that Lindsay herself plans to

turn to the courts and seek a restraining order against her father.

"Lindsay is actively getting a restraining order, her lawyers have already been contacted," says the source.

"She's scared. This is really serious."

METRO NEWS SERVICES



Celebrity tweets

Alyssa Milano



wants better manners on Twitter, *Diablo Cody* knows what she likes, and *Jeremy Piven* is looking for options at the hair salon.

• [@Alyssa_Milano](#)

Tweeps that think my tweets are "boring" & feel the need to tell me so: just unfollow me, no need to be rude & hurt my feelings. Thanks!

• [@diabolocody](#)

Awake watching Team America. I've seen this movie so many times I'm now just looking for goofs.

• [@jeremypiven](#)

Can I have a Brazilian blowout? Oh it just means it reduces the frizz on your jew fro, wah, wah wah...

METRO NEWS SERVICES

Kelly gets plump lips and painkillers

NEXT TIME, JUST TRY A DOGY INTERNET PHARMACY

Kelly Osbourne admits she used to resort to some interesting tricks to score drugs — and she learned them from her dear old dad, Ozzy. "My dad got a nose job so he could get drugs," Kelly tells MTV. "I found a plastic surgeon and had collagen in my lips so he could give me painkillers." She admits that after the procedure she looked "ridiculous."

METRO WORLD NEWS



Madonna's NYC neighbour sues over noise complaints

GIRL'S GOTTA DANCE Madonna may not be that easy to live next to. The woman who owns the apartment upstairs from Madonna in a building on New York's Upper West Side has filed suit against the building's board of directors, complaining that she has been subject to excessive "pounding

noise and vibration," according to court papers obtained by the New York Daily News.

"Madonna and one or more of her guests repeatedly dance and/or train in Apartment 7-A to unreasonably high-decibel amplified music," the complaint alleges.

METRO WORLD NEWS



Promoter sues Jackson estate

LAWYERS GETTING RICH A concert promoter has hit Michael Jackson's estate with a \$300 million US lawsuit demanding that it share in any profits from the *This Is It* documentary hitting theatres later this month, according to Hollyscoop.

AllGood Entertainment claims that Jackson's manager signed a contract barring the singer from performing any other shows, and that the proposed *This Is It* tour was a violation of that contract. AllGood had tried to convince Jackson to take part in a Jackson 5 reunion planned for next year.

METRO WORLD NEWS



Is Costner the next Hasselhoff?

SECOND CAREERS Move over David Hasselhoff, Germany's got a new singing star, according to usmagazine.com. Kevin Costner and his band Modern West have been touring Eu-

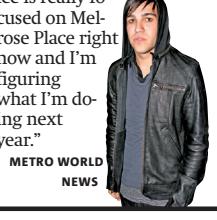
rope, and the kick-off concert was Monday night in the small Bavarian town of Jüchen — to a sold-out audience of 700. "I wasn't sure if anyone would come," he told the crowd, "but I'd like to thank you and your town."

METRO NEWS SERVICES

Pete and Ashlee want lots of kids

BUT DOES THE WORLD NEED MORE SIMPSONS? Pete Wentz loves being a father so much that he's looking forward to having a lot more children with Ashlee Simpson. "Everything is awesome about being a dad," he tells People magazine. "Eventually we want to be able to have a soccer team." Of course, that sort of work will take some planning, he admits. "Ashlee is really focused on Melrose Place right now and I'm figuring what I'm doing next year."

METRO WORLD NEWS



For more details
[metrophotchallenge.ca](#)

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